

#### SCHOOL LOCKDOWN DURING PANDEMIC

We are all experiencing very challenging times and the priority is for everyone to stay safe and follow guidelines.

There is currently no information about when schools will re-open, and we are all hoping that it will be soon. Please follow the school on Twitter @westparkpri or look at latest information on the school website; this is where you will get updates first! Thank you to parents who are posting photos of their children engaging with learning on Twitter — they are great!

Staff are so proud that most children are engaging in the fabulous learning that teachers are setting. Have you seen some of the funny videos that adults have put on the class pages? <a href="https://www.westparkprimaryschool.co.uk">www.westparkprimaryschool.co.uk</a>

It is really important that everyone tries to stick to a routine during the week of getting up, doing some school work and plenty of reading and creative activities. Don't forget that looking after your bodies is important: healthy eating, plenty of rest and going out once a day for exercise. Remember that you have to be socially distancing — that means that you stay 2 metres from people who do not live in your home.

If you have problems accessing work, then contact the school via email. We can sort out paper homework if needed. Now, more than ever, you need to display our learning dispositions. This will make sure you are **ready for school** when we open again!

Curious Cat



Resilient Rhino



Creative Chameleon



Reflective Robin



Collaborative Caterpillar



Author Michael Morpurgo said recently, 'Let's read our way through these times, write our stories and diaries, sing our songs. Then we'll be ready afterwards to pick up our lives and go on, not as we were, but down a better road, arm in arm, incase we stumble, in case we lose our way.'

**Children** - do things you enjoy, engage with school work and be kind. Most of all, stay safe. There is a book on the school website that explains many things about coronavirus so take a look. Remember the Worry Box and Online Safety Concerns Box are still active on the website. If you have worries then talk or share. See you soon everyone,

From Ms Jones and everyone at school

# PARCELS FOR CHILDREN WHO RECEIVE FREE SCHOOL MEALS

The school has organised weekly food parcels to those families who requested them, including through the Easter holidays.

This will be replaced by the Government approved voucher scheme from week beginning 20<sup>th</sup> April 2020.



#### **Nursery Competition**

A reminder to **Nursery** that the deadline for the Nursery Easter Art Competition is Monday 20th April.

Details on what to do are in the Nursery school closure folder. Take a photo of your entry and send to <a href="mailto:nursery@westparkprimaryschool.co.uk">nursery@westparkprimaryschool.co.uk</a>.

The entries received so far are brilliant! Miss Kick is so proud of you all, keep up the good work!



#### FREE SCHOOL MEALS

Do you think your children are entitled to free school meals? Please email the school and we can run a check for you. As well as a free meal for pupils in years 3-6, the school also gets an additional £1,345 funding a year for children from reception up.



#### Safeguarding concerns?

<u>www.wolverhamptonsafeguarding.org</u> <u>.uk</u>

#### **ATTENDANCE**

Prior to closure, attendance was running at just under 97%, which is our school target. Well done everyone!



Reading gives us somewhere to go

when we have to

Stay where .

We are.





# English at West Park Primary School



### Listen to a story



https://www.youtube.com/watch?v=kAo4-2UzgPo



### Reading at Home.

It is important that we continue to read at home every day. Reading will have educational and personal development benefits.

#### Reading:

- Exercises our brains
- Provides us with knowledge and new information
- Improves our concentration and focus
- Inspires our ideas for writing
- Develops creativity
- Increases our empathy for others
- Reduces stress
- Develops our vocabulary
- Reading is fun
- Books are windows to the word especially when we have to stay in.

All children now have access to Bug Club which gives you access to many books to read and time to practice comprehension skills by clicking the bugs. Remember your teachers are checking Bug Club everyday so try your best with your answers.



Find new books in <u>My Stuff</u> and click <u>the blue envelope</u> to read messages from your teacher.

Watch this useful video if you are using Bug Club for the first time. https://www.youtube.com/watch?v=L6L82-2D5wQ

If you are having problems accessing your account phone school on a Tuesday to speak to Mrs. Andrews.

#### **Phonics**

Daily Phonics lessons can be found here.

https://www.youtube.com/w
atch?v=c8TngWeaX00



#### Writing

One picture everyday – Can you complete the sentence challenges?

https://www.pobble365.com/

#### What are you reading in April?

Mrs. Andrews is reading 'The Girl who Stole an Elephant' by Nizrana Farook.

#WestParkRead

#WhatAreYouReading?

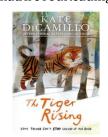


Mrs. Pinson is reading

"The Tiger Rising" by Kate Dicamillo

#WestParkRead

#WhatAreYouReading?



Take a photo of the book you are reading and send us a photo on Twitter @westparkpri or email to

westparkprimaryschool
@wolverhampton.gov.u

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Remember to include the hashtag

#WestParkRead and #WhatAreYouReading?



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# **Online Safety Newsletter- April 2020**

# The Digital Family Pledge

This is a free online tool from Vodafone to help you as a family set good digital habits.

The Pledge covers four important topics: screen time, online bullying, social media and gaming. It uses a series of quiz like questions to prompt families to discuss and agree some rules on how to use technology and act online. It is aimed at families with children who are aged 5-13 years.

The pledge is best completed on a mobile or tablet and together as a family. The pledge is available here: www.vodafone.co.uk/familypledge

### Learning online at home

As many more of us will be at home and perhaps with increased screen time we need to make sure we maintain open and regular conversations with our children about what they are doing online and who they are interacting with. Set clear rules for them. Here are a few websites providing free content that may help over the coming weeks.

#### **Literacy Trust**

Split by age group, from birth to aged 12, this website includes ideas and guidance for simple activities to engage your child whilst benefiting their reading, writing and language development. https://literacytrust.org.uk/family-zone/

#### **Edinburgh Zoo**

Watch some of the animals live at Edinburgh Zoo through their live cams: https://www.edinburghzoo.org.uk/webcams/panda-cam/

#### **White Rose Maths**

White Rose Maths Team has prepared a series of five maths lessons for each year group from Year 1-8 <a href="https://whiterosemaths.com/homelearning/">https://whiterosemaths.com/homelearning/</a>

# Looking for apps?

This is a great website that allows you to filter your search results to find age appropriate apps for your child. It also allows you to filter by app type (educational or play), by price and device:

https://www.goodplayguide.com/ good-app-guide/

#### **Phonics Play**

Phonicsplay have made their website free to use during this period. https://www.phonicsplay.co.uk/

#### **Twinkl**

Twinkl have created home learning and school closure packs for free. https://www.twinkl.co.uk/resources/covid19-school-closures

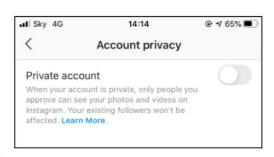
# Instagram

## Information

Instagram is used to post photos and videos. Users can also DM (direct message), send disappearing messages, add to their stories (these disappear after 24 hours) and broadcast using IGTV. You should be over 13 years of age to set up an account. To create an account you must enter a date of birth (but this isn't verified).

#### **Account Privacy**

When you set up your account, it is automatically **set as public**. This means that anybody can see what you share. We would recommend changing this to private so only those your child approves to follow them can see



their content. To change a profile to private go to profile, tap Settings, tap Privacy, tap Account Privacy and tap to toggle Private Account on.

IMPORTANT: Even if your child has set their Instagram profile to private, your child's bio (at the top of their profile) can still be seen by everyone. Check they've not included any personal information in their photo and bio info (e.g. they should not be wearing their school uniform in their photo).



Other additional privacy settings include:

- Story control either set allow message replies from 'your followers', 'followers you follow back' or turn off.
- Don't allow sharing of your photos and videos from your story.
- Comment Controls select hide offensive comments.

Make sure your child understands that there is a risk that content they upload can never be removed (other users can screenshot it for example) so they must only share content that they are comfortable with you seeing.

#### Safety Features



Ensure your child knows how to report posts and people as well as how to unfollow and block people, delete and turn off comments. More information can be found here: https://wellbeing.instagram.com/safety.

# Tik Tok Challenges

Tik Tok (along with other apps) can be used for social media challenges, lots can be fun but some can be dangerous.

We do not recommend talking to your child about specific challenges (it draws attention to them) but we do recommend talking to your child about challenges as a whole that may appear on the internet and making sure they know that they can talk to you about what they see online. Talk to them about the potential risks that may arise from participating in such challenges.

It is so important to have regular chats with your child about their online life and if they are experiencing peer pressure. Further information: https://www.saferinternet.org.u k/blog/ online-challenges-and-peer-pressur

# Online Safety with under 5s

There is a charge for this book.

Childine have released a new online safety themed learning to read book, 'Aimee and the tablet'.

It is aimed at 4 and 5-year olds and helps teach young children what to do if something strange or upsetting happens online as well as helping parents to start conversations early with their child. More information available here:

https://www.childnet.com/blog/expl ore-online-safety-with-under-5swithour-new-learning-to-readbookwww.goodplayguide.com/ good-app-guide/

# **#OnlineSafety AtHome**

ThinkuKnow have created a special area to support parents during COVID-19 and the closure of schools. Every fortnight, they will be releasing new home activity packs with simple 15 minute activities you can do with your child to support their online safety. The packs are split into the following age groups:

- 4-5s
- 5-7s
- 8-10s
- 11-13s
- 14+.

You can download your packs here:

https://www.thinkuknow.co.uk/parents/support-tools/home-

# Improve your Privacy online

This article contains advice for you about improving your privacy online:

https://www.saferinternet.org. uk/blo g/improve-your-privacyonlineadvice-parents-andprofessionals You are also able to report photos, videos, comments or profiles that are bullying or harassing via Instagram's help centre.

#### Inappropriate Content

There are public accounts on Instagram that can include graphic content and therefore your child may come across inappropriate content as well as language. Ensure that your child knows that they should talk to you or another trusted adult if they have any concerns.

#### Restrict mode

This feature allows users to restrict another user. You could restrict somebody (a bully for example) which means they will not be able to see when you are online or if you've read their messages. Also, only you (and that user) will be able to see their comments on your post. The great thing about this feature is that they won't know that you have 'restricted' them. This is different to blocking (when you block somebody, you no longer see anything they do on Instagram and they don't see anything you do either). Learn how to use this new feature so you can show your child how to use it: <a href="https://help.instagram.com/2638385956221960">https://help.instagram.com/2638385956221960</a>

#### Need more help?

Childnet answer parents most frequently asked questions here: https://www.childnet.com/blog/answering-parents-most-frequently-askedquestions-about-instagram

#### **Additional Links**

- https://www.saferinternet.org.uk/advi ce-centre/social-mediaguides/instagram
- <a href="https://www.internetmatters.org/reso">https://www.internetmatters.org/reso</a> urces/instagram-safety-a-how-to-guide-forparents/
- <a href="https://help.instagram.com/116024195217477/?helpref=hc\_fnav&bc[0]=Instagram%20Help&bc[1]=Privacy%20and%20Safety%20C\_enter">https://help.instagram.com/116024195217477/?helpref=hc\_fnav&bc[0]=Instagram%20Help&bc[1]=Privacy%20and%20Safety%20C\_enter</a>
- https://www.netaware.org.uk/networks/instagram/

Ensure that your child knows that they should talk to you or another trusted adult if they have any concerns.





#### West Park's Young Interpreters

Year 3: Seth, Rania, Sofia

Year 4: Lunah, Michelle, Gabija

Year 5: Bianca

Year 6: Mary, Maryam, David, Richie



All of the above children have completed their training.

They will receive their certificate, badge and pencil.

Whole School Young Interpreters Challenge:

Ask, "How are you?" in 5 different languages.

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#### Music Ambassadors

#### A massive Thank You to West Park's Music Ambassadors

Year 6: Maryam, Mylei, Mahrukh, Areeg

Year 5: Shemaryah, Bianca

Year 4: Michelle, Safa, Rebecca

Year 3: Yifan

All of the above showed exceptional enthusiasm during the lunchtime club sessions. Mrs Farrell is so proud of all of you!!

#### Keep Singing!

On West Park's Music Curriculum page, you will find the music and lyrics for...

1,121, (Warm-up), Sing! by Gary Barlow and One Moment, One People

#### **BBC** Ten Pieces

Stay up to date with the Ten Pieces website for simple creative ideas to try at home.

**Don't forget** to take a look at the **Music Curriculum page** regularly.

Every week I will post something new e.g. a new song or maybe a performance that was recorded on Seesaw!!







#### SIX TOP TIPS

To Keep Primary Kids Safe Online During School Closure

Children are bound to spend lots more time on devices during school closure. DON'T FEEL BAD ABOUT IT – lots will be schoolwork or catching up with friends. But there are ways to keep them safe, healthy and happy.

#### Don't worry about screen time; aim for screen quality

Scrolling through social media isn't the same as making a film or story, or Skyping Grandma. Use the Children's Commissioner's 'Digital Five A Day' to plan or review each day together.

Be Mindful Connect

Give to Be Active

Get Creative



#### Check the safety settings are turned on

Whether it's your home internet, mobile devices, consoles, apps or games, there are lots of settings to make them safer. The key ones are - can they chat to strangers, can they video chat or 'go live', are their posts public? Internet Matters has hundreds of guides to parental controls.



#### Get your children to show you their apps and games

You don't need to know all about the latest app or game, but if your child shows you what they are doing and with whom, you'll probably see if it's appropriate or not. Remember 18 games are not more advanced – they are harmful to children! For parent guides to apps, including recommendations for kidsafe apps and video platforms, search for Common Sense Media or NSPCC's NetAware. And why not download the BBC Own It app?



#### Don't try to hide the news about coronavirus

If you don't talk about it, your children might read inappropriate pages, believe scare stories or simply catastrophise in their heads. Why not watch Newsround together and talk about how they feel – there is guidance from Childline to help you.



#### Remind them of key online safety principles

There are too many to list, but remember human behaviour is the same online and offline. Remind your children to be a good friend, to ask for help if they are worried or if someone is mean, not to get undressed on camera and most important of all... if somebody tells them not to tell or ask for help because it's too late or they will get in trouble, THAT'S A LIE!

#### If you aren't sure, ASK!

Your school may be able to give you advice, but there are plenty of other places to ask for help as a parent or a child, whether it is advice or help to fix something. Lots of sites are listed at reporting.lgfl.net, including ones to tell your kids about (they might not want to talk to you in the first instance).

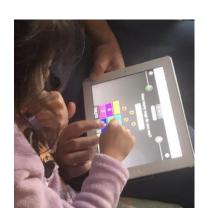






Look at closure work on the web site or call school if you want any help or





**Email Mrs Clarke:** 

rainbows@westparkprimaryschool.co. uk

# Keep Smiling Keep dancing

Stay Safe Be the best you can be





